



The Gayatri mantra played in loops for a 3 month period in my studio.
All the Goddesses were created on the chanting of that mantra.
May they open your hearts to receive their blessings

Namaste.



GAYATRI

Honoring the Divine feminine power through Goddesses

I call them Goddesses, in fact, they are all the women I know, have known and will know. Their divinity is found in their inner power; the ancient wisdom that understands love is the one true power.

That feminine power has been oppressed even suppressed for millennium.

This exhibition is a tribute to that beautiful force that all of humanity needs to reconnect with in order to honor our one true mother: Gaia.

May all men, children and women open their hearts and embrace the divine power of the feminine.

Namaste.

The Gayatri Mantra has been chronicled in the Rig Veda, which was written in Sanskrit about 2500 to 3500 years ago. This Mantra has infinite potentiality. It is a vibrant formula.

*Aum Bhorh Bhuvah Svaha
Tat Savitur Varenyam
Bhargo Devasya Dheemahi
Dheeyo Yo nah Prachodayat*

One interpretation is that the word Gayatri is derived from the words:

gaya, meaning “vital energies” and
trâyate, meaning “preserves, protects, gives deliverance, grants liberation”.
But the mantra does more, as I found out. It opens up your heart.
And how well we know, when both our minds and our hearts open, we open ourselves up
for new possibilities.

It really doesn't matter what your religion, your color or your ethnicity is –
what matters is your intent, and your authenticity, and your willingness to be moved.

The Gayatri Mantra inspires wisdom in us.

In very basic but beautiful language, it says "*May the divine light of the Supreme Being
illuminate our intellect, to lead us along a path of righteousness*".

The Vedas say:

*To chant the Gayatri Mantra
purifies the chanter.
To listen to the Gayatri Mantra
purifies the listener.*

It is significant that the prolonged repetition of the
Gayatri has a cumulative effect on our bodies and our minds.
Our minds are sharper, our immune system is stronger, and our hearts are open.
When our energy centers, including our main Chakras, are activated
by the vibrations of the Gayatri mantra,
this has a positive and healing effect on our life force energy – on our Prana.

All the paintings here have Gayatri in them.
May they illuminate you and open your hearts to receive the gifts
they are meant to bestow upon you.

Lizabeth Laroche

Artist Statement

While bathing in the sounds and harmonies of the *Gayatri Mantra* for 3 months, I let go of result, ego and intellectualisation of the paintings.

Each Goddess came out of me, or rather, appeared through my paintbrushes, without me having a say in the matter.

Each one decided who they were and how they were to be depicted.

Half of them I didn't know or understand and it's only after I did research that I found who it was I had just painted.

Every time, I asked for a Goddess who would help, guide or inspire the right person at the right time.

They chose to appear.

I chose to let them.

All these Goddesses are deeply rooted within each one of us.

Today I share my deepest, most intimate and vulnerable state with you,

And I am so honored to do so.

Bio

She studied fine arts in Montreal's Dawson college and Cegep du Vieux-Montréal.

Then, moved on to university where she studied graphic design, photography and illustration.

For 25 years, she had a career as an art director in advertising and kept on doing design projects until recently.

She went back to painting about 12 years ago.

Creating is her life force.

Her paintings are a humble act of kindness, of love and acceptance.

For herself and for all of us.

She loves you dear